

# **Dr. Jenn's Maple roasted Brussels Sprouts with Bacon**

## **What you will need:**

- 1-pound Brussels sprouts, trimmed.
- ¼ cup extra virgin olive oil
- 3 tbsp. pure maple syrup
- 4 slices bacon, cut into ½ inch pieces
- Tsp salt
- ¼ tsp freshly ground black pepper

## **What to do:**

- Preheat oven to 400 F
- Place Brussels sprouts in a single layer in a baking dish. Drizzle with olive oil and maple syrup; toss to coat. Sprinkle with bacon; season with salt and black pepper.
- Roast in the preheated oven until bacon is crispy and brussels sprouts are caramelized, 45 minutes, stirring halfway through.

**Enjoy!**