

Gluten Free Breakfast Casserole

What you will need:

- ½ lb ground gluten free sausage, casings removed (or a couple of handfuls of crumbled gluten free bacon).
- 2 lbs, about 4 large, peeled and shredded potatoes or 1 package of gluten free frozen hash browns.
- 6 large eggs beaten
- 1/3-1 cup shredded cheese
- ½ cup yellow onion, chopped finely
- Sea salt and pepper to taste

What to do:

- Preheat oven to 350 F
- Brown sausage in a large pan or skillet; drain fat; allow to drain more on paper towels; set aside.
- In the same pan or a preheated pan with oil, brown potatoes along with onion about 10 minutes.
- Spray oil or oil a 9x9 casserole dish (I used a deep-dish pie dish); fold in hash browns, onion, sausage, salt and pepper; sprinkle with additional sausage on the top; pour in raw eggs.
- Top with shredded cheese.
- Bake for 25-30 minutes or until egg is cooked thoroughly.

Enjoy!